



## Curriculum Statement: PSHE

At Stowford School, we believe that personal, social and health education (PSHE) enables our children to become healthy, safe, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We are dedicated to ensuring that Stowford School is a happy, stimulating and caring place and we expect high standards of behaviour and good manners throughout the school. Behaviour and attitudes to learning are underpinned by our school values of Respect, Excellence, Friendship, Determination, Inspiration, Courage and Equality and those that are taught through PSHE lessons, making it integral to the success of the whole school. PSHE is at the heart of our school ethos.

We encourage our children to take part in a range of practical roles and activities that promote active citizenship: Play leaders, School Councilors, Arts Councilors and Eco Warriors, class and whole school fundraising, reading buddies and engagement in school and local events. Children have opportunities to meet and work with members of the community, such as: health workers, firefighters, police officers, librarians, sports coaches, secondary school pupils, artists, authors, representatives from the local church, Food Bank and local politicians. We participate in, and promote National events such as: Anti-Bullying Week, Road Safety Week Red Nose Day, Comic Relief and Harvest Festival where we collect for our local food bank.

We are committed to supporting the mental health and wellbeing of all pupils at Stowford School and take part in Children's Mental Health Week each year.

PSHE is taught as both explicit lessons, using the Jigsaw scheme of work; but it is also embedded in other areas of the curriculum and day-to-day life of the school. We aim to support:

- Happy and positive relationships
- Empathy and compassion
- The confidence to make the most of their abilities
- Value and respect of diversity
- Respect for others' rights to their own values and beliefs
- Evaluation (and appropriate challenge) of the opinions and arguments of others
- Leadership and presentation skills
- Strategies for managing influence
- Enterprise skills and attributes
- Skills for employability (aspiration, communication, creativity, goal setting)
- Taking positive risks