



Dear Parents and Carers

Support Available at Stowford School

At Stowford School, we are committed to supporting the wellbeing of our pupils and their families. We understand that family life can sometimes bring challenges, and we want to reassure you that support is available via the school whenever it may be helpful.

Our **Pastoral Support Advisor**, Mrs Crooks, is here to support pupils with social, emotional, and wellbeing needs. She works closely with children and families to help remove barriers to learning and to ensure every child feels safe, supported, and ready to succeed. Please contact Mrs Crooks via the school office if you would like to find out more about support for any of the following:

Early Help Support

Early Help is designed to support children, young people, and families when challenges begin to arise. This may include help with attendance, behaviour, emotional wellbeing, parenting, housing, finances, or family relationships. The aim is to offer support at an early stage, before concerns become more difficult.

Food Bank Referrals

If your family is experiencing financial difficulties and would benefit from support with food provision, we can help with referrals to local food banks.

Free School Meals

From September 2026 Free School Meal entitlement is being expanded so that any family in receipt of universal credit will be entitled to free school meals. You can apply via the Devon Citizen Portal or via phone on 0345 155 1019. Please call the school office if you would like any further information.

Mental Health in Schools Team (MHST)

The Mental Health in Schools Team works within our school to support children and young people who may be experiencing mild to moderate emotional wellbeing or mental health difficulties. Referrals can be made following discussion with parents and carers.

Safeguarding Support

The school's safeguarding team Mr Pepper, Mrs Ocean, Miss Rumistrezewicz and Mrs Crooks, are available to support families with any concerns about a child's welfare or safety. If you are worried about your child, another child, or your family's circumstances, please do not hesitate to contact a member of our safeguarding team. All concerns will be handled sensitively and appropriately.

School Nurse Referrals

Our School Nursing Service can offer advice and support on a range of health-related matters, including sleep, toileting, healthy lifestyles, emotional wellbeing, and developmental concerns.

SEND Support

Miss Rumistrezewicz, our Special Educational Needs and Disabilities Coordinator (SENDCo), can provide advice and support for children with additional needs. If you have any concerns about your child's learning, development, or access to education, please speak with your child's teacher or contact the school to arrange a conversation.

If you feel any of these services may be helpful for your family, or if you would simply like to talk through any concerns at any time, please contact the school office to ask to speak with Mrs Crooks. We are here to help and will always do our best to ensure you receive the support you need.

Kind regards

Stowford School
Tel: 01752 894163