



**STOWFORD SCHOOL**  
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Headteacher: Mr Rob Pepper  
Deputy Headteacher: Mrs Hannah Ocean

www.stowford.devon.sch.uk

26<sup>th</sup> February 2026

Dear Parents and Carers of Puffins and Curlews Class

**Spirit of Adventure, June 2026**

This summer, the children in Year 4 will have the opportunity to take part in a forest expedition organised by Young Spirit (<http://www.youngspirit.co.uk/>). Each Year 4 class will spend one night away, accompanied by teaching and support staff from school and fully qualified and experienced leaders from Young Spirit. The expeditions will take place as follows:

Puffins: Monday 22<sup>nd</sup> June 2026 - Tuesday 23<sup>rd</sup> June 2026  
Curlews: Tuesday 23<sup>rd</sup> June 2026 - Wednesday 24<sup>th</sup> June 2026

This two day, one night forest expedition is a gentle introduction to wild living and takes place at the Young Spirit site in Dartmouth, providing a wonderful opportunity to explore the Dart estuary between Dittisham and Dartmouth. The children will spend one night camping close to the river on the stunning Raleigh Estate, with a private creek, river frontage and acres of fields and woodland.

Transport has been organised by the school to and from Hole Farm in Dartmouth. The group will leave school at 9.30am on Day 1 so that they arrive at the starting point for the trek to the campsite by 10.30am. During their experience, they will take part in a range of activities including trekking, cooking, bush craft and a night walk. They will be back at school around 2.30/2.45pm the following day for collection by parents/carers if possible. The school office will be in contact with the group on Day 2 and will send a text to parents/carers in the afternoon with a more accurate return time.

The cost of the expedition, including transport, will be **£105.00 per child** and payment can be made in two instalments of £52.50 by the end of March and £52.50 by the end of April 2026 so that payment is completed by the date of the visit. A text reminder will be sent when the payments are due. If you have any concerns about paying for the cost of the visit, please see your child's class teacher in confidence. The cost will be £52.50 for children currently in receipt of Free School Meals.

If you would like your child to take part in the visit, please complete and return the slip below. There is also a box to tick if you do not want your child to take part. Payment for this visit should be made online via ParentPay - please ask at the school office if you require help with this.

Yours sincerely

*M. Jackson & H. Ocean*  
Curlews Class Teachers

*J. Green*  
Puffins Class Teacher

Please complete as appropriate and return to the class teacher as soon as possible.

**Year 4 Spirit of Adventure Residential, June 2026**

- I give permission for my child .....in Curlews/Puffins class to take part in the Spirit of Adventure residential visit and to travel there and back by coach. I undertake to pay the cost of £105.00 (FSM=£52.50). I also enclose the completed SOE3 form in relation to the visit.
- My child ..... in Curlews/Puffins class **will not** be going on the Spirit of Adventure residential visit. I understand they will be required to attend school as usual.

Signed..... Name:..... Date: .....

Parent/Carer

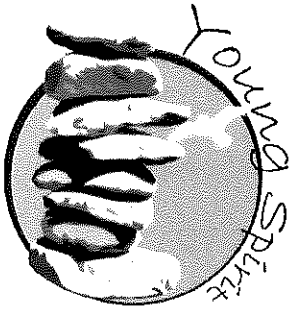


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#### Additional Information:

- The children will need a packed lunch on day one. If your child is in receipt of free school meals this will be provided by the school at your request. (Please advise the school office as soon as possible so you can be issued with an order form).
- On the day of departure the children will need to come to school in the clothes that they will be wearing for that day (**see kit list**).
- They will need a rucksack with carrying items - including a packed lunch for the first day (**see kit list**).
- Their bedding, overnight and camping kit (**see kit list**) will need to be in double (2) black bin bags which are tied and labelled, plus an extra spare bin bag inside in case one rips.
- They will leave school at 9:30am and return to school around 2.30pm on the following day. A text will advise of a more accurate time on the day (if possible). Children should be collected by parents/carers at this time if possible please. If you arrange for a different parent/carer to collect your child please ensure you have informed the school office.
- No electronic items such as mobile phones, iPads etc. are to be taken.
- They may take one packet of sweets for sharing around the campfire.
- They will come back very tired and smelly!



# Forest Expedition

## Kit list

(kit taken could get dirty, damp and smokey so older items are recommended)

### Clothes to come dressed in on Day One

- Trousers/Shorts, jogging bottoms or similar preferably not jeans
- T-shirt
- Jumper/ fleece
- Socks
- Walking boots or wellies or strong trainers.(not both)

### Walking Kit

- This must be packed in a bag suitable for carrying (e.g. small rucksack) labelled with the child's name.
- Waterproof coat (and trousers if possible)
- Packed lunch and drink
- Warm Hat/ Sun hat
- Medication if carried

### Bedding and overnight kit

- This must be packed in a **separate** soft bag or bin liner labelled with the child's name.
- Sleeping bag or duvet (it is possible that all items taken will get damp, dirty and smokey)
- Small torch
- Pillow case, but **not** a pillow
- Spare trousers, fleece/jumper, socks, T-shirt.
- Toothbrush (toothpaste will be supplied)
- Small teddy or similar if wanted.
- Mug for a hot drink, plastic bowl and a spoon.



## Form SOE3: Parental consent for off-site activities

Dear Parent or Guardian,

You have already received details about our forthcoming visit or activity. Please complete and return this form giving your consent for your child to take part in this activity.

School, college or establishment

Stowford School

Visit or activity:

Year 4 Residential visit - Spirit of Adventure  
(Puffins - 22<sup>nd</sup> June to 23<sup>rd</sup> June 2026)  
(Curlews - 23<sup>rd</sup> June to 24<sup>th</sup> June 2026)

Name of child

Date of birth

**Special details** - any information about your child's health which may need special attention, but does not prevent them from taking part should be noted below. (For example; any allergies, any medication needed and the dosage, **travel sickness**, diabetes, asthma or epilepsy?)

**If your child suffers from travel sickness, and the visit involves coach/car travel, please ensure a member of staff is made aware.**

Has your child had any relevant recent illness?

Does your child have any specific dietary requirements?

Do you have any additional comments?

**Swimming Ability (for water-based activities)**

Is your child able to swim 50 metres? YES / NO

Is your child confident for the proposed activity? YES / NO

**Name of family doctor**

**Approximate date of last tetanus injection:**

1. I would like my child to take part in this visit or activity and having read the information provided agree to him/her taking part in the activities described.
2. I consent to any emergency medical treatment required by my child during the course of the visit.
3. I confirm that my child is in good health and I consider him/her fit to participate.

**Signature of  
Parent or Guardian**

**Date**

**Name of Parent or Guardian**

**Address**

**Telephone number**

**Home:**

**Work:**

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Personal data is held by WeST schools about all pupils on roll at the individual school and is subject to the retention rules adopted by the trust.

For more information please read the school Privacy Notices available on the school website [www.stowford.devon.sch.uk](http://www.stowford.devon.sch.uk).

If you have any queries or would like further information please contact the Data Protection Lead Officers (Headteacher and Senior Administrator) at [admin@stowford.devon.sch.uk](mailto:admin@stowford.devon.sch.uk) or the WeST Data Protection Officer at [dataservices@judicium.com](mailto:dataservices@judicium.com)