

Stowford School

Curriculum Statement for Physical Education





Children will leave Stowford School with a positive relationship to physical health, activity, personal wellbeing and to lead healthy, active lives.

Children will use physical education at Stowford to develop their understanding of competition, including: fair play, sportsmanship, team work, passion and playing within the rules.

Children will have a sound knowledge of the FUNdamental skills needed to excel in a broad range of physical activities and sports.

Children will use physical education at Stowford to develop themselves as a whole person - mentally, personally, physically and socially.

Childen will be physically active for sustained periods of time.



Intent of action - 2 hours of timetabled lessons each week for every pupil, allowing pupils to develop themselves as a whole person, build a sound knowledge of FUNdamental skills, develop the values of the school's PE ethos and to build a positive relationship with physical health.

How is it implemented - All staff have access to a bank of structured lessons (realPE and PEDPASS). Hall space and outside space are timetabled in order to give each class an opportunity to access PE lessons. Each lesson plan is pre-created but gives the teacher flexibility to alter elements in order to give the children the best learning experience. Each lesson focusses on a different aspect of the whole child's development i.e. their social, emotional, cognitive and physical. Teachers make links to the school values where appropriate in order to enhance children's understanding of the values associated to physical health and sport. A skills ladder has been developed to guide teachers throughout the year.

How is impact measured - Although assessment is not required by the National Curriculum, there is assessment linked to realPE and PEDPASS units that show progression of children throughout their journey at Stowford School. Teachers have the opportunity to offer feedback via staff meetings with regards to timetabling of lessons.

We encourage participation and competition and believe that whether winning or losing, there are valuable lessons to be learnt in both situations.

From youngest children who lean about balance and co-ordination using 'Leap into Life' and FUNdamental skills from realPE.

From Foundation to Y3, children are taught dance and gymnastics by a qualified specialist PE teacher and athletics in the summer term. Swimming commences in KS2 and classes use the leisure centre for lessons.

Team games start in Year 4; examples being Kwik Cricket, netball, football, rounders, volleyball, Ultimate Frisbee, basketball, tennis and cricket.

Children have chance to trial for places in teams that enter the many competitions that occur in the Learning Community.

The PE subject leaders keep up to date and develop subject knowledge for themselves and for staff. A whole schools view is gained by ensuring continuity and progression of skills (see skills ladder). Through monitoring, the subject leader focuses on children learning and progress. This is based on learning walks, discussion with pupils and staff. This then becomes linked to CPD and opportunities to share good practice.

The PE curriculum provides a rich experience for all children in which they can develop skills to explore, access knowledge and make connections across all learning (Active Teach)



The Stowford PE curriculum inspires all children to participate and succeed in, and some to excel in, competitive sport and other physically demanding activities. It provides opportunities for children to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed the school values of Respect, Excellence Friendship, Determination, Inspiration, Courage and Equality.

Further information can be found on our Sports Premium plan which is on the school website.